



# Preparing for Emergencies

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**Resolve To Be Ready In 2011!**

presented in coordination with FEMA's National Preparedness Month

# Emergencies Happen

- ✓ Disasters can strike at anytime
- ✓ Having a plan and the tools in place to make it on your own for a period of time can be crucial
- ✓ Three simple steps can help you prepare for the unexpected



# Emergency Preparedness

- ✓ Individuals should take three preparedness steps:
  - Get a Kit
  - Make a Plan
  - Be Informed



# Get an Emergency Supply Kit

- ✓ Include basic supplies for your family and pets for three days
- ✓ Prepare at least two kits: one for home; a smaller portable kit to take with you if you have to leave; and if possible, kits for your office or car



# Emergency Supply Kit

The larger at-home kit should include the following items:

## Food

- Non-perishable - not requiring refrigeration, cooking, or water for preparation
- Examples: canned food, granola bars
- Include a manual can opener, if necessary

## Water

- One gallon per person and pet per day for three days
- Store in clean, sealed plastic bottles
- Need for water can vary based on climate and special needs



# Emergency Supply Kit

## Radio

- Battery-powered with NOAA weather alert function
- Extra batteries



## Flashlight

- Extra batteries

## First Aid Kit

- With specific items for your family/personal needs



## Whistle

- To signal for help if trapped



## Wrench or Pliers

- To turn off utilities if necessary



# Unique Family Needs

✓ Consider your family's unique needs such as older Americans or individuals with disabilities and other special needs. Some items you may want to add to your kit include:

- Prescription medications
- Extra wheelchair batteries
- Formula or diapers for infants
- Games or toys to entertain children



For a list of additional items,  
visit [www.Ready.gov](http://www.Ready.gov)

# Pet Supplies

- ✓ If you have a pet, include pet supplies in your emergency supply kit:
  - Food
  - Water
  - Medicine/Medical records
  - Collar with ID tag
  - Harness or leash
  - Crate or other pet carrier
  - Familiar items, i.e. toys, treats and bedding
  - Picture of you and your pet for identification purposes







# Make a Family Emergency Plan

- ✓ Sit down as a family and plan in advance what you will do in an emergency
- ✓ A well thought out plan will allow you to assess the situation, use common sense, and take care of yourself and your loved ones




# Family Emergency Plan

- ✓ You may not be together as a family when an emergency happens
- ✓ Plan in advance how to get in touch with each other and get back together
- ✓ [www.ready.gov](http://www.ready.gov) has a template to help you get started


Family Emergency Plan


Prepare. Plan. Stay Informed.



Make sure your family has a plan in case of an emergency. Before an emergency happens, sit down together and decide how you will get in contact with each other, where you will go and what you will do in an emergency. Keep a copy of this plan in your emergency supply kit or another safe place where you can access it in the event of a disaster.

Out-of-Town Contact Name: \_\_\_\_\_ Telephone Number: \_\_\_\_\_  
 Email: \_\_\_\_\_  
 Neighborhood Meeting Place: \_\_\_\_\_ Telephone Number: \_\_\_\_\_  
 Regional Meeting Place: \_\_\_\_\_ Telephone Number: \_\_\_\_\_  
 Evacuation Location: \_\_\_\_\_ Telephone Number: \_\_\_\_\_

Fill out the following information for each family member and keep it up to date.

Name: _____	Social Security Number: _____
Date of Birth: _____	Important Medical Information: _____
Name: _____	Social Security Number: _____
Date of Birth: _____	Important Medical Information: _____
Name: _____	Social Security Number: _____
Date of Birth: _____	Important Medical Information: _____
Name: _____	Social Security Number: _____
Date of Birth: _____	Important Medical Information: _____
Name: _____	Social Security Number: _____
Date of Birth: _____	Important Medical Information: _____
Name: _____	Social Security Number: _____
Date of Birth: _____	Important Medical Information: _____

Write down where your family spends the most time: work, school and other places you frequent. Schools, daycare providers, workplaces and apartment buildings should all have site-specific emergency plans that you and your family need to know about.

Work Location One	School Location One
Address: _____	Address: _____
Phone Number: _____	Phone Number: _____
Evacuation Location: _____	Evacuation Location: _____
Work Location Two	School Location Two
Address: _____	Address: _____
Phone Number: _____	Phone Number: _____
Evacuation Location: _____	Evacuation Location: _____
Work Location Three	School Location Three
Address: _____	Address: _____
Phone Number: _____	Phone Number: _____
Evacuation Location: _____	Evacuation Location: _____
Other place you frequent	Other place you frequent
Address: _____	Address: _____
Phone Number: _____	Phone Number: _____
Evacuation Location: _____	Evacuation Location: _____

Important Information	Name	Telephone Number	Policy Number
Doctor(s):			
Other:			
Pharmacist:			
Medical Insurance:			
Homeowners/Rental Insurance:			
Veterinarian/Kennel (for pets):			

Dial 911 for Emergencies

# Family Emergency Plan Elements

- ✓ **Out-of-Town Contact** – In an emergency it might be easier to make a phone call out of town; designate a contact out-of-town to take roll and relay information for your family
- ✓ **School and Work Plans** – Learn about the emergency plans at your workplace and at your children's schools
- ✓ **Meeting Places** – Choose two places to meet: one in the neighborhood; one outside of the neighborhood

# Special Considerations for Your Family Emergency Plan

- ✓ **Older Americans and Individuals with Disabilities and Other Special Needs** – Develop an emergency plan that considers each person’s unique needs, including a personal support network to call on in the event of an emergency
- ✓ **Pets** – Plan with neighbors, friends or relatives to make sure someone is available to care for or evacuate your pets if you are unable to do so
- ✓ Review ready.gov’s “Get Tech Ready” web page for great information on use of texting, storage of contact info and personal data, etc.

# Stay or Go?

- ✓ In some situations authorities may urge you to evacuate
  - Hurricane, flood, fire, etc.
- ✓ In other situations, staying where you are and avoiding danger is best
  - If air is contaminated or there are large amounts of debris in the air
- ✓ Listen to instructions from local emergency management officials



# Evacuating

- ✓ Plan where you will go; choose several destinations in different directions
- ✓ Plan driving routes; have maps and alternate routes
- ✓ If you do not have a car, know public transportation options
- ✓ Take your Emergency Supply Kit
- ✓ Lock your door
- ✓ Take your pets; plan out what pet friendly lodging you will go to in advance

# Be Informed

## ✓ Learn more about:

- Different types of emergencies and their appropriate responses
- Which emergencies are more likely to affect your area
- The emergency plans in your community
- Visit [www.ready.gov](http://www.ready.gov)
- [www.brisbaneca.org](http://www.brisbaneca.org) –  
Emergency Services  
Department  
see the Helpful Links on our site



# Get Involved



- ✓ Citizen Corps brings community and government leaders together to involve community members and organizations in all-hazards emergency preparedness, planning, mitigation, response, and recovery
- ✓ Brisbane Community Emergency Volunteers information can be found at [www.brisbaneca.org](http://www.brisbaneca.org) Emergency Services Department



# Prepare Today!

- ✓ To learn more about how to prepare yourself and your family, visit [www.ready.gov](http://www.ready.gov)
- ✓ Randy Breault, Director of Office of Emergency Services  
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